



**Cerebral Palsy
International Sports and Recreation Association**

Excerpt from the CPISRA Sports Manual - 10th Edition - 2009

**Section B - Sports Rules
Wintersports**

Contact Details

E-Mail : contact@cpisra.org

Webpage : www.cpisra.org

- For current contact details, please have a look at the webpage -

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Winter Sports

1. General

The following disciplines are available at Paralympic and World Championship level for athletes with CP.

1.1 Alpine Skiing

Sitting and standing events are available for men and women according to the rules of the Federation International de Ski (FIS) with only a few exceptions (IPCAS Rules):

- Slalom
- Giant Slalom
- Super G
- Downhill
- Super Combined (Combination of two disciplines, i.e. one Downhill or one Super-G plus one Slalom run)
- Team Event according IPC Rules (Giant Slalom, men and women combined)

1.2 Nordic Skiing

Sitting and standing events are available for men and women over a range of distances (short, middle, long - ranging from 2,5 km to 20 km), the biathlon (a combination of skiing and shooting) and the team relay (classical or free techniques).

1.3 Ice Sledge Hockey

It's in the Paralympic program since Lillehammer (1994) and a fast-paced, highly physical and very spectacular version of Ice Hockey. It's played by male athletes with a physical disability in the lower part of the body. It follows the rules of the International Ice Hockey Federation (IIHF) with a few modifications. Instead of skates, players use two-blade sledges that allow the puck to pass beneath. They also have sticks with a spike-end for pushing and a blade-end for shooting.

1.4 Wheelchair Curling

Curling is a game of great skill and strategy and had its debut at the Torino 2006 Paralympic Games. The sport is generally open to individuals who are non-ambulant or can only walk short distances and usually require a wheelchair for daily mobility. Each team must be comprised of male and female players. It is governed by and played according to the rules of the World Curling Federation (WCF), with only one modification for wheelchair users - no sweeping. A delivery stick is allowed by athletes with less trunk control or problems with hand function. For more information contact WCF Web site www.worldcurling.org.

2. Classification for Wintersports

2.1 Classification

The IPC handbook should be consulted for information on rules, classification systems and events on offer for specific classes. Athletes with CP have to be integrate in the existing classes by functional testing.

Possibilities for athletes with CP:

2.1.1 Classification for Alpine events

- CP3 = LW 10, 11
- CP4 = LW 10, 11, 12
- CP5 = LW 1, 3
- CP6 = LW 1, 3
- CP7 = LW 9
- CP8 = LW 6/8, 9/2

Guideline for functional classification of athletes with CP:

1. Class LW 1

- Severe diplegic involvement
- Walking with assistive devices
- Running is not or less possible
- Standing on one leg possible only for short time
- Severe athetosis or ataxia
- Poor balance
- Laboured locomotion
- Trunk sway to lead lower extremities movement

2. Class LW 3/2

- Moderate to slight diplegic involvement
- Minimal athetosis
- Walking and running without severe trunk sway
- Standing on one leg is possible, also jumping on one leg

3. Class LW 9/1

- Severe to moderate hemiplegic involvement
- Walking possible with visible limping
- Running is limited with well seen disabilities
- Jumping on one leg is not possible
- Standing on one leg is hardly possible

4. Class LW 9/2

- Moderate to slight hemiplegic
- Marked limp when walking
- Limp disappears when running
- Standing and jumping on the affected side is possible

2.1.2 Classification for Nordic Events

- CP3 = LW 10, 11
- CP4 = LW 10, 11, 12
- CP5 = LW 3, 4, 9
- CP6 = LW 3, 9
- CP7 = LW 9
- CP8 = LW 4, 6/8, 9

Note 1: For the classes LW 4 and LW 9 the functional % score will apply in all races.

Note 2: Placement in classes depending on the athletes functional ability on the track.

2.1.3 Classification for Ice Sledge Hockey

The athlete must have an impairment of permanent nature in the lower part of the body that it is obvious and easily recognizable and makes ordinary skating impossible. The minimum disability for people with CP is spasticity and incoordination corresponding to Class 7.

2.1.4 Classification for Wheelchair Curling

The minimum disability according to CPISRA rules is required.

3. Contact

Contact Details:

Alpine and Nordic Skiing,
Ice Sledge Hockey
IPC Winter Sports Manager
Eric Angstadt
Adenauerallee 212-214
53113 Bonn
Germany

Phone : +49-228-2097-270

Fax : +49-228-2097-209

E-Mail: ipcalpineskiing@paralympic.org

Wheelchair Curling:

WCF Secretariat
Mr. Mike Thomson (Secretary General)
c/o World Curling Federation (WCF)
74 Tay Street
PH2 8NN Perth
Great Britain

Phone : +44-1738-451630

Fax : +44-1738-451641

E-Mail: wcf@dial.pipex.com

4. Glossary of Terms

Abbreviation	Description
BAC	Board of Arbitration Classification
CAS	Court of Arbitration for Sport
CBC	CPISRA Boccia Committee
CC	Chief Classifier
CO	Classification Officer
CP	Cerebral Palsy
CPISRA	Cerebral Palsy International Sports and Recreation Association
CRS	Competition Review Status
CS	Confirmed Status
e.g.	latin <i>exempli gratia</i> means <i>for example</i>
FIFA	Fédération Internationale de Football Association
FIS	Federation International de Ski
HOC	Head of Classification
i.e.	latin <i>id est</i> - means <i>in other words</i>
ICU	International Cycling Union
IIHF	International Ice Hockey Federation
IM	Intentional Misrepresentation
IPCAS	IPC Alpine Skiing
IPC	International Paralympic Committee
IPC CC	IPC Classification Code
IS	International Standard
LOC	Local Organizing Committee
NADO	National Anti-Doping Organization
NE	Not Eligible
NS	New Status
RS	Review Status
TD	Technical Delegate
TUE	Therapeutic Use Exemption
TUEC	Therapeutic Use Exemption Committee
WADA	World Anti-Doping Agency
WADC	World Anti-Doping Code
WCF	World Curling Federation